



Learning Objectives

Program Learning Objectives

Participants will leave this two-day educational program with the ability to:

- ❖ Describe transformative models for culture change in residential care.
- ❖ Appraise best practices to be initiated within residential homes.
- ❖ Discuss current clinical, ethical, and legal issues related to consent and capacity for older adults.
- ❖ Describe the Canadian Coalition for Seniors' Mental Health (CCSMH) guidelines for substance use disorders in older adults.
- ❖ Discuss current and evolving research-based, person-centred approaches for supporting persons living with dementia and their families.

November 23rd, 2018 Agenda

Session 1: Opening Address

Dementia: The Good, the Bad, and the Possible

Barry Goldlist, MD, FRCPC

After attending this session, participants will be able to:

- Describe current pitfalls in interpreting the literature.
- Discuss dementia in residential care - AD and vascular dementia and their impact.
- Identify evidence-based care initiatives that make a difference for persons with dementia.

Session 2

Using Technology to Improve Safety and Quality of Dementia Care

Lillian Hung, RN, PhD

After attending this session, participants will be able to:

- Describe how an iPad can be used among older adults with dementia in healthcare settings to improve safety and quality of care.
- Identify the role of social robotics in dementia care.
- Identify possible solutions to accelerate knowledge translation in dementia care.

Session 3

Reducing Transfers to Hospital: What do We Know about the Evidence from B.C. and Elsewhere?

Margaret McGregor, MD, CCFP, MHSc

After attending this session, the participants will be able to:

- Discuss the evidence on risks and benefits of hospital-based care for frail people.
- Describe the jurisdictional health policy, facility, and resident characteristics associated with hospital use in long-term residential care.
- To describe the evidence for quality improvement interventions that have had some success in reducing hospital use and improving resident/family satisfaction in long-term residential care.

Session 4

Leadership and Complexity: Lessons Learned from Care Aides Working as Change Leaders in Residential Care

Don McLeod, BA, BSW, MDiv

After attending this session, the participants will be able to:

- Raise awareness of the TREC Research program and its mission of improving quality of care and quality of life for residents living in residential care and quality of work life for staff.
- Discuss and explore how TREC has advanced this mission through the transforming work of enabling Care Aides to become Change Leaders in quality improvement initiatives.
- Describe how traditional leadership approaches need to shift to support these change efforts.
- Examine how residential care neighbourhoods operate as complex adaptive systems and how this insight invites us into a renewed understanding and practice of leadership.

Session 5

When Things go Wrong: Five Common Ingredients

Trevor Janz, MD

After attending this session, the participants will be able to:

- Recognize common features of a challenging LTC admission.
- Identify risk factors for team and family conflict.
- Name team and family factors that can worsen conflict.
- Provide a supporting strategy to improve each risk factor for team members and families.
- Feel more confident in managing and improving challenging LTC patient situations.

Session 6: Panel Presentation

Health Care Consent for People Living with Dementia

- Krista James, LLB
- Tom Bailey, MD, CCFP, FCFP
- Bethan Everett, MBA, PhD

After attending this session, participants will be able to:

- List the components of informed consent and decision-making capacity.
- Recognize when consent is required and who should give it.
- Recognize the impact of cognitive decline on the ability to give or refuse consent.
- List the responsibilities of a substitute decision maker (SDM).
- Strategize on how best to include individuals as much as possible in the consent process.

Session 7

Antibiotic Stewardship

Victor Leung, MD, FRCPC

After attending this session, the participants will be able to:

- Review trends and understand consequences of antimicrobial use in long term care facilities.
- Discuss practical approaches to improving responsible antimicrobial prescribing in LTC.

Session 8

Megamorphosis: A Cultural Evolution

- JoAnn G. Tait, MScN, BHSc, RPN
- Ken Tekano, MD, BSc

After attending this session, the participants will be able to:

- Discuss the vision of the Megamorphosis cultural evolution plan – moving from an institutionalized model to a social model.
- Describe the human centred design process engaging people who live, work and visit the care homes.
- Discuss the positive impact of this process on the lives of people who live, work and visit the care homes.

November 24th, 2018 Learning Objectives

Session 9

Update 2018: Advanced Planning for Medical Care and Capability Issues

Martha Donnelly, MD, FRCPC

After attending this session, participants will be able to:

1. State the prevalence of advance planning for Canadians.
2. Discuss physician supports for end of life planning for patients and what roadblocks may occur.
3. Differentiate advanced directives for end of life medical care from advanced requests for MAID.

Session 10: Panel Presentation

Substance Use Disorders among Older Adults: New Challenges and the Road to Creating National Guidelines

Presented by the Canadian Coalition for Seniors' Mental Health:

- Ashok Krishnamoorthy, MD, MRCPsych, FRCPC
- Launette Marie Rieb, MD, MSc, CCFP, FCFP, DABAM, FASAM
- Sarah L. Canham, PhD
- Lori Amdam, BScN, MSN

After attending this session, participants will be able to:

1. Describe issues and barriers unique to older adults with or at risk for substance use disorders.
2. List key recommendations regarding prevention, screening, assessment and treatment of alcohol, opioid, cannabis, and benzodiazepine use disorders in older adults.
3. Apply to practice the 2018 C.C.S.M.H. clinical practice guidelines for Alcohol, Benzodiazepines, Cannabis and Opioids.

Session 11*My Eyes are Dim: Issues in Vision, Eye Care and Sensory Input*

Katherine Paton, MD, FRCSC

After attending this session, participants will be able to:

- Differentiate eye and brain functions in seeing.
- Describe indirect indicators of visual function.
- Explain the effects of and treatment for the three commonest eye problems in elders.
- Implement a simple evaluation of vision function and specific plan for compensation of deficits for each client.

Session 12*An Ethical Framework for Health Care Providers Working with Older Adults*

Patricia (Paddy) Rodney, RN, MSN, PhD

After attending this session, the participants will be able to:

- Discuss the nature and consequences of ethical challenges experienced by residents, families, care providers, and health care leaders in long term care.
- Identify how an ethical framework can support residents, families, care providers and health care leaders in long term care.

Session 13: Panel Presentation*Good News Stories: Residential Care Initiatives*

- Christine Gemeinhardt, MD
- Sue Turgeon, MD, CCFP

After attending this session, the participants will be able to:

- Discuss recruitment and mentoring of physicians for residential care.
- Discuss a polypharmacy reduction initiative.

Session 14*Making a Difference: A New Service Delivery Model*

Carol Ward, MD, FRCPC, GeriPsych

After attending this session, the participants will be able to:

- Discuss gaps in the behavioural support system for those with complex behavioural needs living in residential care in an under serviced area.
- Discuss a new model of care developed to create a resident-centred and integrative approach to meet these mental health issues.
- Identify knowledge translation approaches for the inter-professional team.